

## 26-29 JUNE 2025 RETREAT INFORMATION SHEET

You like the part of the teacher how people touch your feet and how they love you and all that paraphernalia, but you do not know the Karma of the teacher. He sits on one foot long spike nails chair. He has to lie once and he is caught forever. The oath of a teacher is, I am not a woman, I am not a man, I am not a person, I am not myself, I am a teacher.

Your job in the Age of Aquarius will be to understand your own self, your self-dignity, your self-esteem, your self-morality, your self-ethic, your self-spirit and rise and resurrect yourself to the point that you can lift by sight, touch and word.

- Siri Singh Sahib Yogiji





## TEACHERS FOR AQUARIUS CAMP

26-29 JUNE 2025

Rajamaa Ashram, Estonia



# YOUR UNIQUE EXPERIENCES:

This is a camp mainly designed for teachers of Kundalini Yoga as taught by Yogi Bhajan, although it is open for practitioners of yoga who want to join and experience:

- Practice powerful unpublished Kundalini yoga kriyas as taught by Yogi Bhajan
- Nero's Journey Forest Walk with meditation
- Enjoy being in pure nature with fellow yogis and yoginis sharing delicious vegetarian food
- Meditate in the Amrit Vela
- Intensive 4h Jappa practice
- Discussions and Q&A on Being a Teacher
  - Relax in the evening with Sauna
    - Gurdwara and Kirtan

## **VENUE:**

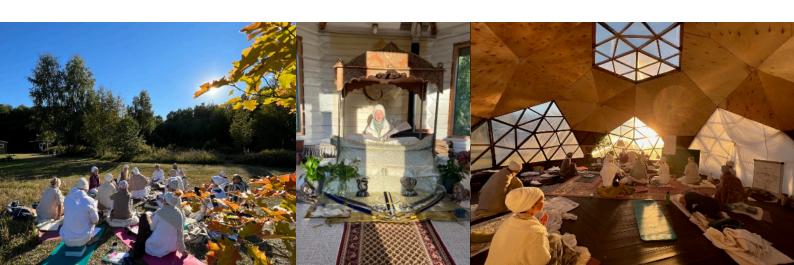
#### Guru Ram Das Institute @ Rajamaa Ashram:

Rajamaa, Kalesi küla, Raasiku vald, Estonia. 25 km from Tallinn, the capital of Estonia

The Ashram is a 100% off-grid sustainable School and Community dedicated to sharing the teachings of Kundalini Yoga and Sikh Dharma, living with the minimum impact on nature in a self-sustainable harmony with the cycles of nature.

Read more about our venue: www.dharamsaal.ee/rajamaa







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## **CAMP LEADER:**

#### SUKHDEV KAUR (MEXICO / ESTONIA)

Sukhdev Kaur will lead you to developing your highest potential and radiance. She has been teaching internationally over 25 years. She has the ability to lead you into a meditative practice to develop your committment, determination, compassion and grace. In 2014 Sukhdev founded Dharamsaal – School of Kundalini Yoga and Humanology in Tallinn, Estonia and in 2015 the Guru Ram Das Institute and Ashram in Rajamaa, Estonia. She is an architect, urbanist, doula and has developed several programs including the Sacred Woman Infinite Mother and the Khalsa Radiance. Sukhdev is a Sikh Dharma Minister and the Coordinator for the European Yoga Festival Gurdwara in France. She is the Director of Continuing Education at Miri Piri Academy near the Golden Temple in Amritsar, the home of the 3HO Global community in India.



## YOUR INVESTMENT:

350€ early bird registrations: paid in full latest by June 10th 2025

450€ regular registrations: from June 11th up to June 24th. Registrations close on June 24th.

Payment includes all classes, food and shared accommodation in cabins or your personal tent.

Please note that there are limited places available in the camp.

The Teachers for Aquarius Camp is designed for Kundalini Yoga Teachers who want to have an experience and a platform to keep learning and also share with peers.

The camp takes place in English language

More information: <a href="mailto:sukhdevkaur@khalsa.com">sukhdevkaur@khalsa.com</a> +372 53731839

### **REGISTRATION:**

- 1) Fill in the registration form HERE
- 2) Pay your participation by bank transfer to:

MTÜ Guru Ram Das Instituut IBAN: EE597700771002082177

BIC/SWIFT: LHVBEE22

Bank address: Tartu mnt 2, 10145 Tallinn

Bank code: 689

\*For payments outside of Europe you can make your payment through Paypal to sukhdevkaur@khalsa.com (please add +15€ for Paypal fees)

Your deposit confirms your spot at the Camp.

Register today! www.dharamsaal.ee/aquarius

